

NDIS Pre-Planning

Developed with wife (SSI) and (BCE)

Goals

Short term

- To strengthen my physical abilities
- To have an exercise regime and support in order to improve my physical movement

Medium

- Increased language and speech skills by learning to communicate effectively with my family and friends in Australia and online
- To be able to share the same meals with my family by having proper dental work
- Have positive outlets for activity, such as social and recreational activities

Long

- Increased independence
- To have meaningful relationships in the community
- To enjoy the life that Australia has given our family
- To be able to speak with my family from overseas independently

Needs

Increase communication skills – therapy needs for speech therapy at home and dental work

- Assessment and Education from a Speech Therapist or Occupational Therapist around communication strategies at home, online and with the community
- Requires dental treatments in order to effectively communicate and exercise the facial muscles adequately in order to share the same meals with the family.

Increase independence skills – supported therapy around skill development for ADLs, increase in concentration and attending community/day programs

- Assessment and weekly therapy required from a Physiotherapist and an Occupational Therapist, around skill development, and concentration skills
- Physiotherapist assessment and therapy to increase muscle resilience. Fouad will also require various physiotherapist exercise equipment to avoid muscle wastage as per Physiotherapist recommendations

Coordination and collaboration of therapy services – Multidisciplinary Team Intervention

- Allowance to have OT, Speech Therapist and Physiotherapist to communicate with each other, to ensure all supports are working within the same therapy goals for learning and independence skills development

Head Office
Suite 1, Level 3
157-161 George Street
Liverpool NSW 2170

General correspondence
Email : refugeehealth@health.nsw.gov.au
Website : www.refugeehealth.org.au

Postal Address
P O Box 144
Liverpool BC NSW 1871
Tel : 8778 0770 Fax : 8778 0790



Socialisation and recreation – to gain confidence to interact with members outside of immediate family, in local area and family from overseas

- Access to Arabic speaking Support Worker
- Weekly day programs that provides meaningful activities and able to build relationships with other
- Electric wheelchair in order to attend activities independently. Controls must be on the Left side.
- Requires portable ramp for the house to increase participation with family activities inside the home
- Requires portable ramp from when visiting other relatives in their home and will be able to socialise independently
- Transport assistance to see attend appointments and to access the community independently.

Appointments assistance – support to attend appointments

- Access to Support Worker x2-4/month to assist with access to and from appointments.

Interpreter assistance/access for medical and other appointments, and for engaging with NDIS Providers

Case management and coordination

- Support Coordination to manage, link and plan NDIS Plan use, given the family are newly arrived refugees to Australia (thus, no understanding of disability services in Australia, nor how to find and access them)
- Support and training for family around the digital literacy skills required to manage and monitor the NDIS Plan and funds, via the Portal and MyGov

NDIS funds management and coordination

- NDIA managed funds

Kristine Datuin
Registered Nurse
NSW Refugee Health Service
Email: krisntine.datuin@health.nsw.gov.au

Head Office
Suite 1, Level 3
157-161 George Street
Liverpool NSW 2170

General correspondence
Email : refugeehealth@health.nsw.gov.au
Website : www.refugeehealth.org.au

Postal Address
P O Box 144
Liverpool BC NSW 1871
Tel : 8778 0770 Fax : 8778 0790