



Delivered by the  
National Disability  
Insurance Agency

GPO Box 700  
CANBERRA ACT 2601

1800 800 110

[ndis.gov.au](https://www.ndis.gov.au)

Reference:

24 June 2020

Dear

### **Your NDIS Plan has been approved**

I am pleased to let you know that your National Disability Insurance Scheme (NDIS) plan has been approved. I have attached a copy of the plan to this letter, which starts on 24 June 2020.

As a reminder, for a support to be funded it needs to be deemed reasonable and necessary and linked to an outcome you have identified in your plan. Funding is approved for a support if it:

- is related to the participant's disability
- represents value for money
- is likely to be effective and beneficial to the participant, and
- takes into account informal supports given to participants by families, carers, networks, and the community.

Funds in your core budget are flexible, which means you can choose how to spend this funding to meet your support needs. Please remember that funding received through the NDIS must be used for your support needs. Rebates or reimbursements from another government department or private health insurance agency cannot be claimed for things that have been purchased using NDIS funding.

### **How we developed your plan**

As you may know, the NDIS is designed around participants having a say in what they want their plan to achieve. In approving the plan I have considered the information you supplied to the National Disability Insurance Agency (NDIA) and the information provided during your planning conversations. I am pleased to say that a new plan has been approved. You can find your new plan attached.

### **Next Steps**

You should now advise your support providers that you have a new NDIS plan, as well as any changes to the supports they are providing for you. Your NDIA team member can help you with this.



If you disagree with this decision, you can make a request for the decision to be reviewed. You will find details about how to do this below.

Yours sincerely

Maria H  
Delegate of the Chief Executive Officer  
National Disability Insurance Agency

### **What if my circumstances change?**

Please remember that as a participant in the NDIS it is important to tell us about any event or change in circumstance that may affect your plan. This includes, but is not limited to, compensation that has been received, or that you are applying for. This may also include a significant change in your care arrangements or perhaps starting school or looking for work.

If your circumstances change at any time and your plan no longer meet your needs, please discuss this with the person who is supporting your plan implementation or contact the NDIA in any of the ways listed below.

### **How to request for your plan approval decision to be reviewed**

If you disagree with the decision about your plan approval you can request for the decision to be reviewed within 3 months of receiving this notice.

When asking for a review, you should explain why you think the decision is incorrect. The staff member who conducts the review will not have been involved in the plan approval and may want to talk to you directly to understand your concerns.

The request for a review can be made by contacting the NDIA in one of the ways outlined below.

Following the review, if you still disagree with the decision you can seek further review by making an application to the Administrative Appeals Tribunal.

### **How to contact the NDIS**

Please remember if you phone us that we need to know we're talking to the right person so we'll ask for details only you, or a person authorised on your behalf, would know.

- In person: visit an NDIA office
- Phone us: call 1800 800 110
- TTY user: call 1800 555 677 and ask for 1800 800 110
- Speak and Listen (speech-to-speech relay) user: call 1800 555 727 and ask for 1800 800 110
- Internet relay user: visit the [www.relayservice.gov.au](http://www.relayservice.gov.au) and ask for 1800 800 110
- Email: [enquiries@ndis.gov.au](mailto:enquiries@ndis.gov.au)
- In writing: send a letter to  
National Disability Insurance Agency  
GPO Box 700  
Canberra ACT 2601
- More information: [www.ndis.gov.au](http://www.ndis.gov.au)

Thank you and the NDIA looks forward to working with you on implementing your NDIS plan.



# NDIS plan

**NDIS number:**

**My NDIS contact:**

**Local Area Coordinator**

**National Disability Insurance Agency**

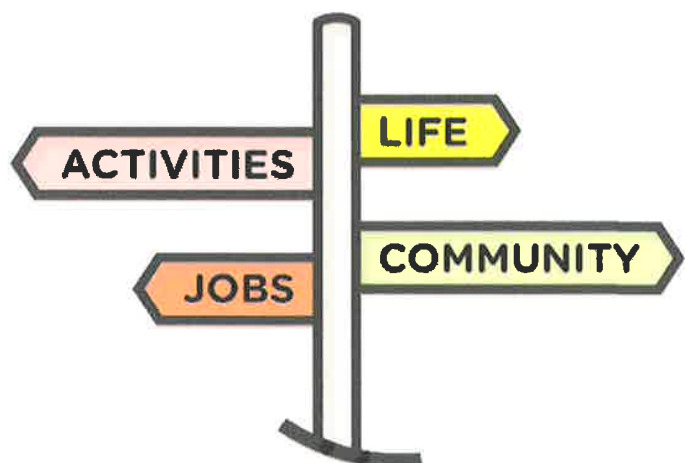
**Phone: 1800800110**

**Email:**

**NDIS plan start date: 24 June 2020**

**NDIS plan review due date: 24 June 2021**

A National Disability Insurance Agency (NDIA) representative will contact me about my plan review before my plan review due date.



# My profile

## Information about me

This is personal information about me and I can choose to share this information with my service providers.

### Date of birth

### Preferred contact method – telephone

Home number:

### About me

I live with my wife, son, and daughter, my wife is my main career and she assists me in all aspects of my life, the supports I currently receive are from health professionals to maintain my health and wellbeing.

I wake up at 10 am and my wife assists me with my morning routine, she helps to take my medication and prepare my breakfast, then we sit together in the backyard.

In the afternoon after Lunch I like to watch TV and then take a nap.

I would like to be able to get out of the house more and attend social and recreational activities of my choice.

### My Services and community involvement

- I can access my GP when required.
- Neurologist.

# My goals

## This is what I want to achieve

### Short-term goal

I would like to be able to communicate my needs and wants with my family indendently.

How I will achieve this goal	How I will be supported
<p>My speech therapist will assess my speech and develop communication strategies for me so I can communicate easily with people around me.</p> <p>-My informal supports will implement strategies provided by speech therapist.</p> <p>-My paid supports will implement strategies provided by speech therapist.</p>	<ul style="list-style-type: none"><li>• My Local Area Coordinator/ Support Coordinator will assist me with connecting to Speech Therapist</li></ul>

### Short-term goal

I would like to increase my social participation and community access.

How I will achieve this goal	How I will be supported
<p>My service providers will assist me with:</p> <p>-individual support when accessing community</p>	<ul style="list-style-type: none"><li>• My Local Area Coordinator/Support Coordinator will assist me with connecting to a service that can provide support with Social Community and Civic Participation activities.</li></ul>

### Medium or long-term goal

I would to be assessed for my assistive technology needs to increase my mobility and independence in my daily life.

How I will achieve this goal	How I will be supported
<p>My Occupational Therapist will assess my assistive technology needs. They will then submit assistive technology assessment and comparative quote to NDIS.</p> <p>-NDIS will consider this recommendation and quote against 'reasonable and necessary' criteria. Funding will not be made available until a quote is accepted and processed by the NDIS.</p>	<ul style="list-style-type: none"><li>• My Local Area Coordinator/ Support Coordinator will assist me with connecting to Occupational Therapist.</li></ul>

### Medium or long-term goal

I would like to build my strength and body balance and increase my functional mobility.

How I will achieve this goal	How I will be supported
<p>My Physiotherapist/ Occupational Therapist will establish a therapy program for me.</p> <p>My support workers/informal supports will help me with implementing a strategies and skill development tasks.</p>	<ul style="list-style-type: none"><li>• My Local Area Coordinator/ Support Coordinator will assist me with connecting to Occupational Therapist/ Physiotherapist</li></ul>

### Medium or long-term goal

I would like to be assisted with personal care to maintain my health and wellbeing and increase my independence.

How I will achieve this goal	How I will be supported
<p>My service provider will provide in-home support in assisting my with my personal care routine.</p>	<ul style="list-style-type: none"><li>• My Local Area Coordinator/Support Coordinator will assist me with connecting to providers who will assist me with all my daily needs.</li></ul>

# Funded supports information

My funded supports can help me achieve my goals

## Managing my NDIS funding

There are 3 different ways my plan funding can be managed:

- **Self-managed:** I will claim funding from my NDIS plan to pay providers myself or my plan nominee or child representative may do this on my behalf. Providers will invoice me directly for supports I have agreed they will provide.
- **Plan-managed:** My plan management provider will make claims and pay providers on my behalf for supports I have agreed they will provide.
- **NDIA-managed:** Providers will claim payment directly from my NDIS plan based on active service bookings. Where supports are NDIA-managed, I can only use an NDIS registered provider.

My funding may be managed in one or more of these ways and is listed with my funding on the following pages.

## Stated Supports

Where a support is listed as 'stated' in my plan, I must purchase this support as described in my plan. I cannot swap 'stated' supports for any other supports.

## In-Kind Supports

Where a support is listed as 'in-kind' in my plan, I must continue with my existing service provider as they have been pre-paid to deliver this service. However, if I have a concern about using my in-kind provider I can raise my concerns with my NDIS contact.

## Quote Required

Where a support is listed as 'quote required' additional information such as quotes and/or specialist reports will be required. Once the quote is approved, the funding will be made available in my plan.



# Total funded supports \$92,143.11

For 24 June 2020 – 24 June 2021

## Core Supports

Core supports help with my everyday activities, my current disability related needs and to work towards my goals. The Core Supports budget is the most flexible, and in most cases, funding can be used across the support categories (however, this may not include transport).

### Goal/s my Core Supports funding can help me achieve:

- I would like to be able to communicate my needs and wants with my family indendently.
- I would like to increase my social participation and community access.
- I would to be assessed for my assistive technology needs to increase my mobility and independence in my daily life.
- I would like to be assisted with personal care to maintain my health and wellbeing and increase my indepdnence.

Core Supports	Budget
<p>Funding for assistive technology (total budget of up to \$1500) is allocated for the purchase of daily living equipment with specific features that address your functional limitations to allow you to achieve your goals. These AT products are level 1 &amp; 2 of the AT Complexity Level Classification document and available off the shelf. Warning: Some low cost equipment like bed rails, sticks, covers and weighted blankets are high risk and should NOT be purchased with these funds as they require an AT assessment. Therapy items should not be purchased.</p> <p>Core supports are used to assist with daily activities and community participation. Funding may be used flexibly between these supports.</p> <p>Consumables - personal continence products, activity related products and protectors to maintain health, wellbeing and participation in community activities.</p> <p>Daily Activities - Flexible supports to enable maximum independence in personal activities of daily living. These supports can be provided in a range of environments, including but not limited to your own home.</p> <p>Social Community and Civic participation - Flexible support to explore and participate in community based activities of interest and to develop, build and maintain friendships.</p>	<p><b>\$72,652.71</b></p>

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Core Supports	Budget
<p>Access Community, Social And Rec Activities - Standard - Weekday Daytime (x 6 hrs per week)</p> <p>Assistance With Self-Care Activities - Standard - Weekday Daytime (x 10 hrs per week)</p> <p>Assistance With Self-Care Activities - Standard - Saturday (x 2hrs per week)</p> <p>Assistance With Self-Care Activities - Standard - Sunday (x 2hrs per week)</p> <p><b>My Core Supports funding will be:</b></p> <ul style="list-style-type: none"> <li>• \$72,652.71 NDIA-managed</li> </ul>	
<p><b>Transport</b></p> <p>This funding is a contribution towards any transport related costs you incur during the plan period. This amount will be paid fortnightly into your nominated bank account on a pro-rata basis.</p> <p><b>My Transport funding will be:</b> paid as fortnightly instalments into my nominated bank account.</p>	<p><b>\$1,784.00</b></p>
<p><b>Total Core Supports</b></p>	<p><b>\$74,436.71</b></p>

# Funded supports continued

## Capacity Building Supports

My Capacity Building supports are intended to build my independence and reduce my need for the same level of support into the future. My progress and outcomes from these supports will be shared at each plan review.

Unlike my Core Supports budget, my Capacity Building Supports budget cannot be moved from one support category to another. Funding can only be used to purchase approved individual supports that fall within that Capacity Building category.

### Goal/s my Capacity Building Supports funding can help me achieve:

- I would like to be able to communicate my needs and wants with my family indendently.
- I would like to increase my social participation and community access.
- I would to be assessed for my assistive technology needs to increase my mobility and independence in my daily life.
- I would like to build my strgengh and body balance and increase my functional mobility.
- I would like to be assisted with personal care to maintain my health and wellbeing and increase my indepdnence.

### My Capacity Building funding can be spent in the following ways:

Capacity Building Supports	Budget
<b>Improved Daily Living (CB Daily Activity)</b> Funding for an Allied Health professional or therapist to assess and develop strategies for you and your carers to implement in assisting to meet your goals. Supports to work together within the home and community settings, utilising relevant disciplines to meet the plan goals and objectives. Funding includes any personalised training necessary for using implementing strategies to provide for your safety in the home. Capacity building supports to work together and coordinate with core and mainstream supports/services to maximise your independence and participation.  This funding recognises existing therapy plans and takes into consideration Allied Health Services and Mental Health Care Services available from Medicare. This funding also recognises the role of other government bodies such as the NSW Department of Family & Community Services, Education, Health, Transport & Housing. <b>My Improved Daily Living funding will be:</b> <ul style="list-style-type: none"><li>• \$12,803.40 NDIA-managed</li></ul>	<b>\$12,803.40</b>

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Capacity Building Supports	Budget
<b>Support Coordination</b> Support coordination to assist you achieve the goals in this plan through providing assistance to choose and coordinate providers, develop service agreements, manage the funding in this plan, use the participant portal, find and link with appropriate services, organisations and activities in the community, resolve queries or concerns that may arise and develop goals for future plans. This funding recognises existing informal supports.	<b>\$4,903.00</b>
Level 2: Coordination Of Supports (x 50hrs per year) <b>My Support Coordination funding will be:</b> <ul style="list-style-type: none"> <li>\$4,903.00 NDIA-managed</li> </ul>	
<b>Total Capacity Building Supports</b>	<b>\$17,706.40</b>

# Funded supports continued

## Capital Supports

Capital supports include higher-cost pieces of assistive technology, equipment and home or vehicle modifications and Specialist Disability Accommodation. My Capital supports funding cannot be used to pay for anything else.

**Goal/s my Capital Supports funding can help me achieve:**

- I would to be assessed for my assistive technology needs to increase my mobility and independence in my daily life.

**My Capital Supports funding can be spent in the following ways:**

Capital Supports	Budget
<b>Assistive Technology</b> STATED & QUOTE REQUIRED: Funding for your assistive technology to be considered based on written recommendations submitted from a relevant practitioner to NDIS (that is a completed assistive technology assessment and two comparative relevant quotes). This recommendation will be considered against the reasonable and necessary consideration. This funding also includes repairs and maintenance on your personal assistive technology. Please send all correspondence to <a href="mailto:enquiries@ndis.gov.au">enquiries@ndis.gov.au</a>	<b>Quote required</b>
<b>My Quote Required Stated Supports will be:</b> <ul style="list-style-type: none"><li>• NDIA-managed Rental - Composite</li><li>• NDIA-managed Walking Aides - Composite</li><li>• NDIA-managed Wheelchair Powered - Composite</li><li>• NDIA-managed Power Bed - Composite</li><li>• NDIA-managed Pressure Care Cushion - Composite</li><li>• NDIA-managed Repairs - Mobility Domain - Wheeled Mobility Major Repair</li><li>• NDIA-managed Specialised Seating With Sit-Stand Assistance</li></ul>	
<b>Total Capital Supports</b>	<b>Quote required</b>

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# Find out more

## Who to contact if I need information or help with my plan

### My NDIS contact:

Local Area Coordinator  
National Disability Insurance Agency  
Ph: 1800800110  
E-mail:

### My next plan review due date:

24 June 2021

A National Disability Insurance Agency (NDIA) representative will contact me about my plan review before my plan review date.

## Booklet 3 - Understanding your NDIS plan

I can refer to Booklet 3 to help me understand my NDIS plan and how to use funding, arrange supports and services and work toward my goals. It will also help me review my goals and prepare for my plan to be reviewed. If I do not have a copy, I can ask my NDIS contact or visit the NDIS website.

## Important changes

If something important changes or is going to change (e.g. I move house, start work or school, if I get or may get compensation relating to an injury, or if my goals change) I will notify my NDIS contact.

## For general enquiries, contact the NDIA

<b>Call NDIA</b>	1800 800 110
<b>If I use a TTY</b>	1800 555 677 and ask for 1800 800 110
<b>If I use Speak and Listen (speech-to-speech relay)</b>	1800 555 727 and ask for 1800 800 110
<b>If I use the National Relay Service</b>	<a href="http://www.relayservice.gov.au">www.relayservice.gov.au</a> and ask for 1800 800 110
<b>If I need help with English</b>	TIS 131 450

